



# TrHPLUS

**TrHPLUS:** the collagen dietary supplement designed to strengthen joints.

## CONTAINS:

Collagen, Glucosamine, Chondroitin, MSM and Vitamin C.

## COLLAGEN (5.000mg):

Collagen is a vital protein for cartilage formation, providing flexibility and resistance. It is also a component of soft body tissues.

## GLUCOSAMINE:

Supports joint maintenance and normal cartilage function.

## CHONDROITIN:

Helps maintain joint health and improves mobility.

## MSM (Methylsulfonylmethane):

A natural compound that supports joint and connective tissue health.

## VITAMIN C:

This vitamin has multiple benefits:

- Contributes to cell protection against oxidative damage.
- Aids in normal collagen formation, necessary for the function of bones, teeth, cartilage, and skin.
- Participates in energy metabolism.
- Helps reduce fatigue.
- Supports the normal functioning of the immune system during and after intense physical exercise.

Collagen, as a flexible structural protein, is the most abundant and crucial protein in the human body. It constitutes **70% of the dry weight of the skin** and forms collagen fibers present in all animals. These fibers are secreted by connective tissue cells and play a crucial role in the structure of skin, bones, and joint tissues.

**TrHPLUS**, the power of collagen for strong joints. The formula that cares for your bones and enhances your mobility, in an oral format for daily joint maintenance.



**PRESENTATION:** 20 sachets of 7.2g.

**NET WEIGHT:** 144g.

**RECOMMENDED DAILY DOSE:** 1 sachet.

**INSTRUCTIONS FOR USE:**

Take 1 sachet a day on an empty stomach, dissolved in 150ml of water.

**INGREDIENTS PER 1 SACHET:**

Hydrolyzed porcine collagen 5000mg, Glucosamine potassium sulphate 500mg, Chondroitin marine sulphate (90% Chondroitin) (FISH) 500mg, MSM (Methyl Sulfonyl Methane) 400mg, Natural lemon aroma, Bamboo dry extract (Bambusa Arundinacea Retz, stem, 70% organic silicon) 150mg, Harpagophytum procumbens dry extract (Harpagophytum procumbens, root, 2% harpagosides) 100mg, Horsetail Dry extract (Equisetum arvense, aerial parts, 4% organic silicon) 100mg, Lemon juice powder (Citrus limon (L.) Burm. f.) 100mg, Acidity regulator (Citric Acid), Vitamin C (L-Ascorbic Acid) 16mg (20%VRN\*), Sweetener (Sucralose) and Colour (Tartrazine\*) \*%VRN: Nutrient Reference Values.

**WARNINGS:**

Do not exceed the stated recommended daily dose. Keep out of reach of young children. Food supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. \*Tartrazine: may have an adverse effect on activity and attention in children. It should not be consumed by pregnant or breastfeeding women, or by children.

**CONSERVATION:**

Store in a cool, dry place away from light. Store at a temperature between 5°C - 30°C.



**i+Med, S. Coop.**

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